

A MODERN GUIDEBOOK FOR

THE DEEP RELATIONSHIP



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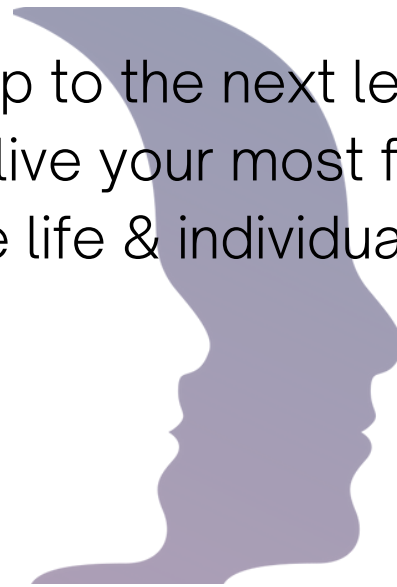
"For one human being to love another: that is perhaps the most difficult of all our tasks...
The work for which all other work is but preparation. It is a high inducement to the individual to ripen. To become something in himself. To become world... It is a great exacting claim upon him. Something that chooses him out, and calls him to vast things."

- Rilke, 1985.

THE DEEP RELATIONSHIP

A MODERN GUIDEBOOK

Take your relationship to the next level so it can energize and support you to live your most fulfilling, exciting and expansive life & individual purpose.



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DID YOU FORGET THAT...
**THE QUALITY OF YOUR RELATIONSHIP HAS THE #1
IMPACT ON YOUR WELLBEING?**



ENTER...

THE DEEP RELATIONSHIP



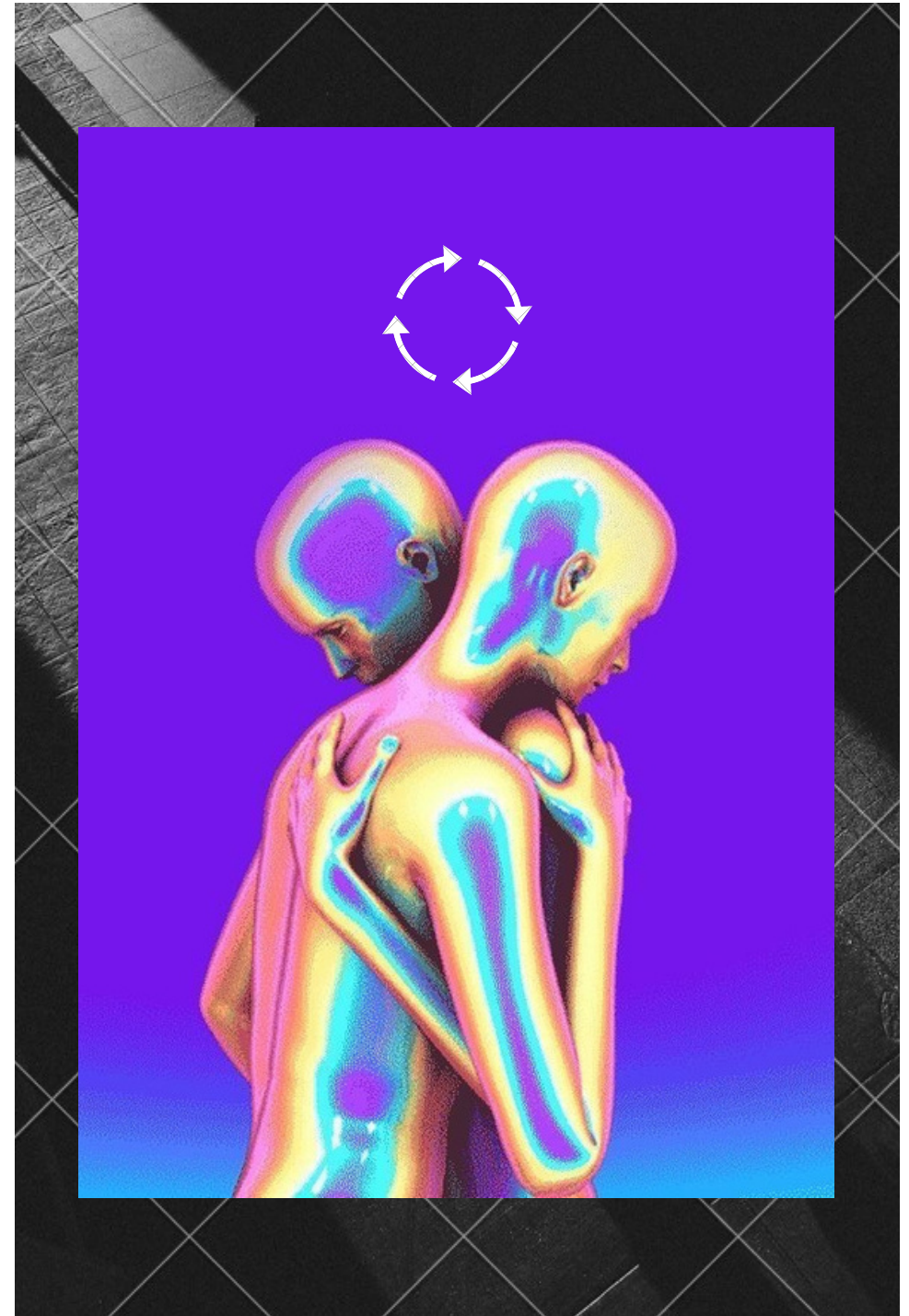
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WHAT ARE THE 6 KEY QUALITIES OF THE DEEP RELATIONSHIP?



6 REGENERATIVE QUALITIES OF THE DEEP RELATIONSHIP:

1. SELF SOURCE WHOLENESS
2. REAWAKEN DEPTH OF PRESENCE
3. LEARN THE ART OF CONSCIOUS RELATING
4. IMPLEMENT NOVELTY ENGINES
5. SELF-ACTUALIZING LOVE: LEARN TO UNDERSTAND, RECOGNIZE AND DRAW OUT THE ACTUALIZING TENDENCY IN EACH OTHER
6. REVITALIZE SACRED COMMITMENT TO ONE THAT NOURISHES + SUSTAINS THE DEPTH OF YOUR RELATIONSHIP TOGETHER





SELF-SOURCED WHOLENESS:

- Recover your individual resources in life
- Reclaim sovereign connection to the deepest parts of yourself: your purpose, your excitement, and your community. The more that you do what nourishes and lights YOU up, the more attraction and magnetism you create between you and your partner, and the more confident and on-purpose you will feel - this energy is felt!

REAWAKEN YOUR DEPTH OF PRESENCE:

- Stop missing each other - Learn the latest Positive Psychology interventions for couples designed to foster seeing each other with the same energy of your first encounter or date together!
- Discover the fastest way to Unlock Deep Presence through The DARM Method for couples
- Learn the difference between Relating vs. Relationship and the I-Thou encounter technique to invoke new and more fulfilling ways of relating!
- Listening creates a holy silence. When you listen deeply, you can know yourself in everyone.



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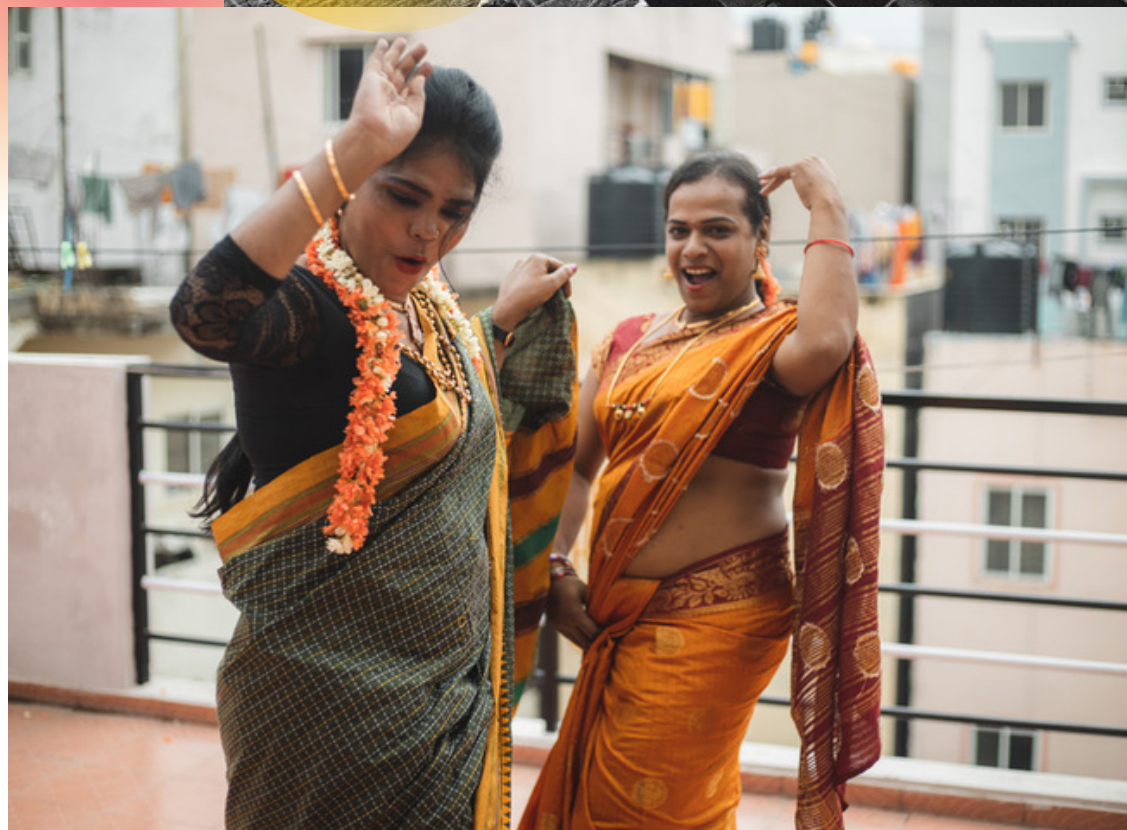
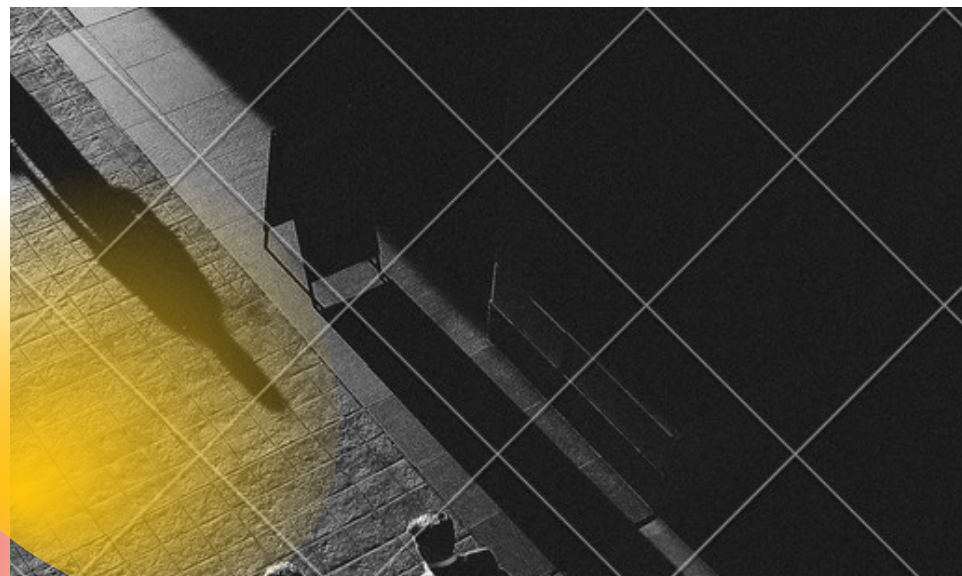
LEARN THE ART OF CONSCIOUS RELATING:

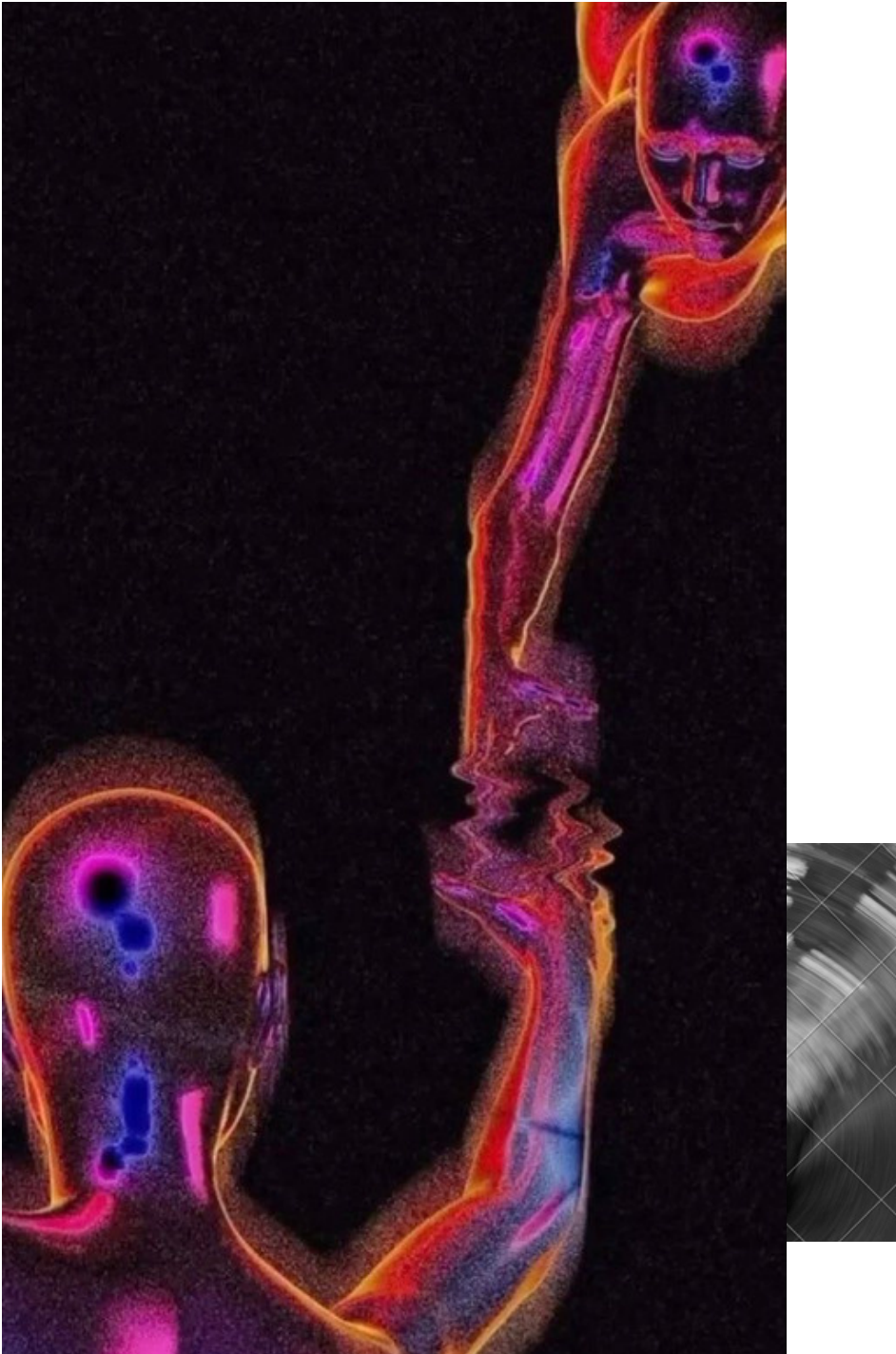
- Communication: Totality of Awareness Model, The 4 Horsemen and Radical Self-Accountability
- Uncover the values you share for your relationship
- Understand all personal healing takes place through meeting

IMPLEMENT NOVELTY ENGINES IN YOUR RELATIONSHIP:

- Create exciting shared rituals together that only you know
- Engage in Deep Play
- Learn the latest research on Tantric, Buddhist and Psycho-Philosophical Activations for experiencing Interpersonal Awe
- Rediscover and reclaim that which makes you laugh like strange children together.

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SELF-ACTUALIZING LOVE: LEARN TO UNDERSTAND, RECOGNIZE & DRAW OUT THE ACTUALIZING TENDENCY IN EACH OTHER

- Rediscover what makes your partner tick! Come alive, and wake up excited!
- Love Languages - Learn that there are WAY more than 5 love languages (Thx Gary Chapman!) - become an expert at decoding and noticing your partner's unique love language in daily interactions.
- Remember what makes your partner irreplaceable, extraordinary, unique and special - and why you fell in love with them.

REVITALIZE YOUR SACRED COMMITMENT:

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- To relationship as a spiritual practice. To meet each other in the middle of the field: As a reciprocal energetic match with an open flow of energy between you.
- To making life an adventure together - as the powerful co-creators of reality that you are. To keep inspiring, expanding and regenerating energy for one another as the expanders you are.
- Reframe commitment from traditional relationship's "watching time pass through anniversaries/length of time passed together" - To a new commitment to nurturing the sustained quality and depth of your relationship. To measure the success of your relationship by the depth of connection you share: how much you feel seen, heard, and loved instead of the amount of time you have been together.





Does this potential for deeper relating spark something within you?

Are you finally ready to stop 'passing time' together and claim this quality of higher love for you and your partner?

To take your relationship to a new level so it can be an abundant source of energy & support for you to live your most fulfilling, exciting and expansive life & individual purpose on earth?



WELCOME TO YOUR GUIDE TO LIVING

THE DEEP RELATIONSHIP

6-WEEK COURSE FOR COUPLES

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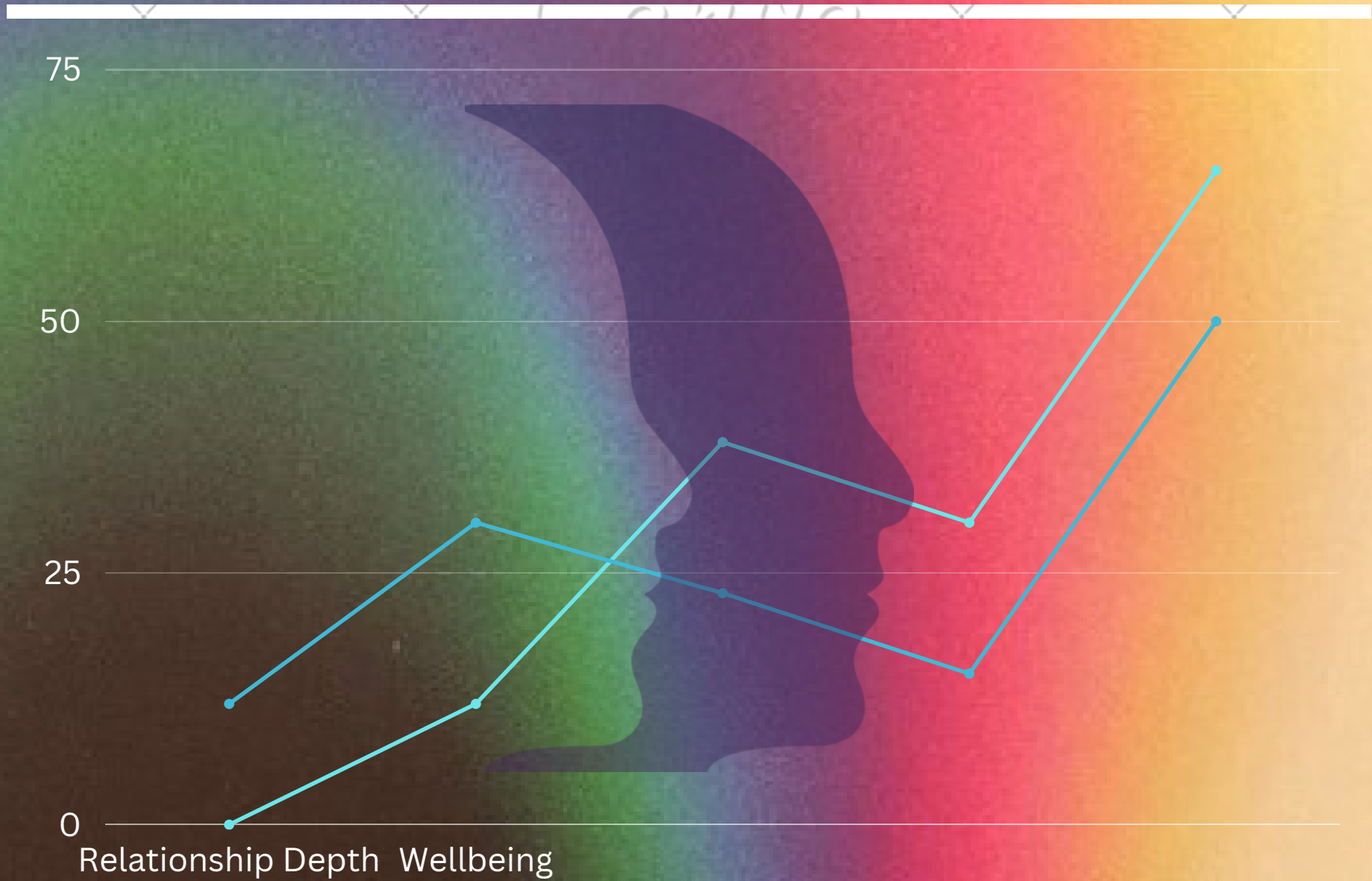
THE DEEP RELATIONSHIP

The Deep Relationship course was designed to provide you and your lover with the most up-to-date research, teachings and resources for **enlivening, revitalizing + awakening your depth of connection to each other** so you can **reclaim the strength and power this connection has the potential to give you** for **experiencing daily fulfillment** and **actualizing your individual purpose in this life.**

The Deep Relationship is a modern concept for the leaders of the new earth, bravely re-writing old paradigms of unhealthy, unhappy relationships - while pioneering new and more fulfilling ways of understanding, relating and connecting with your partner in all things sacred. Leaving trails behind you to a better, more loving world for the generations to come.

Packed with teachings on the most recent research from Relationship and Human Potential Psychology, actionable intimacy-evoking practices for you and your partner, spicy worksheets and questionnaires designed to rediscover each other... & The seeds for a **lifetime** to look forward to of deep intimacy together!

YOU ARE IN THE RIGHT PLACE BECAUSE... THE QUALITY OF YOUR RELATIONSHIP HAS THE #1 IMPACT ON YOUR WELLBEING.



HOW DOES IT WORK?

The Deep Relationship is a **6-week course** intentionally designed to take you to uncharted depths together. You and your partner will meet with me and an intimate group of self-actualizing couples over zoom once/week to receive the teaching of that week. Each teaching will come with Podcast, Speaking or Book links + recommendations (I will send you free copies of the e-books), research-based intimacy practices and question worksheets to complete together.

In addition to our live meetings, you will have day-to-day access to me via text message for questions that can't wait until our zoom teaching (with a 24 hour response window).

Let's gather forces to re-ignite that **ALIVENESS, PASSION** and **FULFILLMENT** your sacred relationship started with!



YOUR DEEP RELATIONSHIP GUIDE

I'm Olivia. I am deeply passionate about replacing traditionally 'surface', light-hearted containers for relating and connecting with the people around us with deep, soul-stirring, dream-actualizing depth and intimacy



After growing up watching my parents struggle to connect, contemplating ways that I (as a 12-year old with a massive heart) could re-invigorate THEIR relationship, and then, of course, navigating a number of toxic relationships in my young adult life...

I came to the realization that it was my responsibility to pioneer a new and deeper way of connecting with those we love the most. Learning that deep intimacy is like spinach for the mind-body-spirit system...

I gave my energy naturally and excitedly to the pursuit of uncovering research-based material for guiding relationships into their fullest potential.

Despite never having a model for one, **something within me has always known that deep relationships exist.**

My relationship today fills my life with elation, further inspiring this calling to guide your relationship to the next level.

As an Existential Coach, Human Connection Specialist and Masters student in Psychology, it is 100% my life's greatest honour and privilege to do this work with you.



GOOD THINGS ARE COMING

Trust the process unfolding between you &...

INQUIRE WITHIN FOR OUR NEXT LAUNCH DATE